

DEPARTMENT OF PSYCHIATRY AND MENTAL HEALTH

ANNUAL RESEARCH DAY – 14 MARCH 2017

VBH EDUCATION BUILDING: 8H30-13H30



‘RESEARCH FOR HEALTHCARE DELIVERY’

8h30-9h00: Arrival, tea/coffee

9h00-9h45: OPENING PLENARY – DR TRACEY NALEDI (Chief Director for Health Programmes in the Western Cape Government: Health): ‘Research for healthcare delivery’ (Chair: A/Prof Sharon Kleintjes)

9h45-10h45: PANEL DISCUSSION: ‘Research for healthcare delivery’ (Chair: Prof Colleen Adnams)

1. **A/Prof Tolu Oni** (Division of Public Health Medicine, UCT): *Public health research in practice: social determinants of health in healthcare delivery*
2. **Dr Anna Walder** (King’s Health Partners, Liverpool University): *A Freetown Pilot Project - Challenges of Research and Implementation in a Low Resource Setting*
3. **Ms Ingrid Daniels** (Director of Cape Mental Health): *Research for health care delivery - NGO/civil society perspective*
4. **A/Prof Katherine Sorsdahl** (Division of Public Mental Health, UCT): *From Research to Implementation: Lessons learned from the Teachable Moments Programme*
5. **Dr Simone Honikman** (Director and founder of the Perinatal Mental Health Project (PMHP), Alan J Flisher Centre for Public Mental Health): *Stewardship of research findings back to the mothers – lessons from the Perinatal Mental Health Project*

10h45-11h30- Tea/coffee/brunch & posters (catering by ‘Queen of Tarts’)

11h30-12h20: RAPID FIRE PRESENTATIONS

1. **Dr Lena Andersen**: A pilot study of a nurse-delivered cognitive-behavioral therapy intervention (Ziphamandla) for adherence and depression in HIV in South Africa
2. **Ms Thandi Davies**: Integrating mental health care into primary care systems in low- and middle-income countries: lessons from PRIME and AFFIRM
3. **Dr Henk Temmingh**: Methamphetamine use and extrapyramidal symptoms in people with major affective and non-affective psychosis
4. **Dr Charlotte Capri**: Intellectual disability in South Africa: A systematic review of 25 years of early intervention (1990-2015)
5. **Ms Lameze Abrahams**: “Parenting from the Inside Out (PIO): A mentalization-based parenting therapy” : A pilot study of PIO with mothers accessing services at Lenteguur Psychiatric Hospital
6. **Dr Aubrey Kumm**: Feasibility of a smartphone application to identify young children at risk for Autism Spectrum Disorder in a low-income, community setting in South Africa
7. **Dr Lihle Mgweba-Bewana**: Triple comorbidity of severe mental illness, HIV infection & alcohol abuse in a female population at a community psychiatric clinic in Cape Town: Prevalence and correlates
8. **Dr Eugene Lee Davids**: Barriers to accessing healthcare among refugees: A review of literature
9. **Dr Nastassja Koen**: Maternal posttraumatic stress disorder and infant developmental outcomes in a South African birth cohort study

12h30-13h15: CLOSING PLENARY - PROF MELVYN FREEMAN (Chief Director for Non-communicable Diseases, National Department of Health): ‘Research towards better mental health in South Africa’ (Chair: Prof Sharon Kleintjes)

13h15-13h30: Prize-giving, thanks and closure (Dr Adele Marais, DRC Chair)

RESEARCH POSTERS

1. **Ms Loren Leclezio**: Can we find natural clusters of Tuberous Sclerosis Complex Associated Neuropsychiatric Disorders? A Pilot feasibility study
2. **Ms Katherine Atmore**: Responses to novelty in male and female socially isolated rats as a developmental animal model of schizophrenia
3. **Dr Kerry Armstrong**: The prevalence of and factors associated with antipsychotic polypharmacy in patients with serious mental illness: Findings from a cross-sectional study in a high-middle income country
4. **Dr Jonathan Ipser**: Effect of nicotine use on prospective memory performance and associated intrinsic functional brain connectivity in binge drinkers
5. **Ms Antoinette Burger**: The impact of abstinence from methamphetamine on brain metabolites
6. **Ms Hannah-Ruth Engelbrecht**: The Pathway to Elucidating Bipolar Disorder Genetics
7. **Dr Fleur Howells**: Differentiating psychotic disorders with EEG delta and alpha band frequency and the effects of brief high frequency repetitive transcranial magnetic stimulation

13h30: LUNCH (catering by ‘Queen of Tarts’)